

Children's Dance Theatre!

The Center for Arts in Natick • 14 Summer Street • Natick, MA 01760
Register by mail, call 508-647-0097 or visit TCAN Tues-Sat, 12-6PM
For class information: Dir. Carol Sereda at 508-655-1833 or go to www.natickartarts.org



2009-2010

Directed by Carol Schneider-Sereda, founder and instructor

Ms. Sereda (also a Boston Ballet instructor) has been teaching her child-centered philosophy while building sound technique in dance for over 25 years. Her teaching style encourages dancers to use their natural inclination for movement and creativity to express themselves. Performance opportunities include the original "Suburban Nutcracker," Allegro Music Collaboration, Children's Dance Festival in Boston, and June Dance Concert. Open enrollment year round.

Location: 5 Summer Street (across from TCAN), 4th Floor Loft

Semester I: September 15, 2009-January 29, 2010 and Semester II: February 2-June 11, 2010
Friends Visiting Day Dance for Free! Sep 29-Oct 2 and Feb 9-12

Young Dancers / Age 3

Young Dancers march in parades, leap on lily pads and dance hand in hand with friends. We play rhythm games, musical instruments, and sing and dance to songs that teach coordination, musicality, and physical awareness. We'll dance in butterfly costumes while developing friendships, coordination, cooperation, and smiles.

Creative Ballet / Age 4

Tutus, magic wands and trusty steeds! Young ballet dancers learn the basic positions and how to stretch and strengthen while floating like a mermaid or stomping like evil royalty. We'll dance favorite characters from Copelia, the comic ballet about a dancing doll. Young dancers gain a foundation during floor exercises and center work that begin to strengthen bodies for ballet.

Pre-Ballet I / Age 5

Pre-Ballet II / Age 6

Fairy wings and king's crowns help introduce Pre-Ballet dancers to beginning ballet vocabulary and classical positions. Dancers learn floor exercises and traveling steps, while group work develops creative interaction and theatrical expression. Pre-Ballet II introduces ballet barre work, polka, march, waltz, skipping, turning and partner work.

Primary Ballet / Age 7

This is the start of a traditional ballet class with barre work, center, traveling and short combinations. Exercises encourage coordination, connection, and strengthening. We still don costumes and become characters inspired by the classic comic ballet Copelia the dancing doll.

Elementary Ballet & Jazz/Modern Intro / Age 8

Dancers train in ballet in order to strengthen their core muscles and gain an understanding of basic technique. Then we take off our shoes and turn-up the beat to contemporary music and learn the expressive and varied styles of jazz and modern.

Ballet I / Age 9-10

Ballet II / Ages 11-13

Ballet I establishes basic transitions and the 8 positions of arms and body. Proper alignment and creative expression are emphasized. Ballet II barre and center work begin to challenge balance and strength, while increasing speed. Longer, complex floor combinations encourage memory and quality of transition. Proper alignment and creative expression are emphasized in both classes.

Jazz/Modern I / Ages 9-10

Jazz/Modern II / Ages 11-13

Dancers express themselves in dynamic ways to percussive and contemporary soundtracks using hip-hop and lyrical jazz styles. Modern dancers will break all the rules by soaring, rolling, and jumping! Alternating styles allow dancers to learn the limitless boundaries and spontaneity of modern and the funky, sharp, release and control of jazz's energetic attack.

Beginning/Intermediate Modern / Adult

This modern dance class is based on the Lester Horton technique, the style used by Alvin Ailey American Dance Theatre. Contemporary and percussive music leads the dancers through this linear, easy to follow, graceful style. Let the music and movement stretch, strengthen and rejuvenate your body and mind. Open to beginners.

Fall 2009 Children's Dance Theatre REGISTRATION



Check boxes at left. Open enrollment from September 15, 2009-January 29, 2010

	Week of	Dance Program	Time	Ages	Tuition		
					Member	Non-Member	
<input type="checkbox"/>	Sep 15-Jan 29	Wed	Young Dancers	1:00-1:45	3	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Thu	Young Dancers	1:00-1:45	3	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Fri	Young Dancers	1:00-1:45	3	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Fri	Young Dancers	9:30-10:15	3	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Wed	Creative Ballet	1:45-2:30	4	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 20	Thu	Creative Ballet	1:45-2:30	4	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Fri	Creative Ballet	1:45-2:30	4	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Fri	Creative Ballet	10:15-11:00	4	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Wed	Pre-Ballet I	3:30-4:15	5	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Tue	Pre-Ballet II	4:30-5:15	6	\$230	\$250
<input type="checkbox"/>	Sep 15-Jan 29	Thu	Primary Ballet	3:30-4:30	7	\$260	\$280
<input type="checkbox"/>	Sep 15-Jan 29	Thu	Elementary Ballet & Jazz/Modern Intro	4:30-6:00	8	\$275	\$295
<input type="checkbox"/>	Sep 15-Jan 29	Wed	Ballet I	4:15-5:15	9-10	\$260	\$280
<input type="checkbox"/>	Sep 15-Jan 29	Tue	Ballet II	5:15-6:15	11-13	\$260	\$280
<input type="checkbox"/>	Sep 15-Jan 29	Wed	Jazz/Modern I	5:15-6:15	9-10	\$260	\$280
<input type="checkbox"/>	Sep 15-Jan 29	Tue	Jazz/Modern II	6:15-7:15	11-13	\$260	\$280
<input type="checkbox"/>	Sep 15-Jan 29	Wed	Adult Beg/Intermediate Modern (or 10-Class Dance Card)	11:30-1:00	adult	\$260 \$150	\$280 \$165

Date of First Class if Pro-rated:
 Tuition: \$ \$
Registration Fee Per Person: \$10.00 \$10.00
 Total Payment: \$ \$

*Location: 5 Summer St., across from TCAN, 4th Floor Loft Studio
 *Ages 3-4 solid pink or white leotard / ages 5-7 solid black leotard, pink tights or white ankle socks / ages 8+ solid color leotard *Feet: Young Dancers, Modern, Jazz: bare feet or jazz shoes / all others: leather ballet slippers with suede bottoms *Weather cancellations follow Natick schools *No classes 11/11, 11/25-27, 12/22-1/4, 1/19, 2/15-19, 4/2, 4/19-23, 5/25

Please make checks payable to The Center for Arts in Natick, and mail to: TCAN, 14 Summer Street, Natick, MA 01760

REFUND POLICY – Refunds will be granted ONLY if the session is full and a replacement for your child's space is available. \$10 admin fee for all refunds. Refund requests must be received no later than 14 days prior to the first day of class, no exceptions.

 DANCER'S NAME DATE OF BIRTH

 PARENT'S NAME

 STREET ADDRESS

 M/C – Visa - Amex Name as it appears on card

 CITY STATE ZIP

 Credit Card No. Exp. Date

 PHONE (Home) (Office)

 Signature

 E-MAIL